

The Events of Puberty



Females

	Earliest Age:	Latest Age:	Approx. Average Age:
Beginning of breast development:	8	13 ³ / ₄	11
Appearance of pubic hair:	9	13 ¹ / ₂	11
Beginning of most rapid growth:	10 ¹ / ₂	14 ¹ / ₂	12
First menstrual period:	10 ³ / ₄	15 ¹ / ₂	12 ¹ / ₂
Last to develop: growth of vagina and uterus			



Males

	Earliest Age:	Latest Age:	Approx. Average Age:
Rapid growth of testes and scrotum:	9 ¹ / ₂	13 ¹ / ₂	12
First appearance of pubic hair:	9 ¹ / ₂	13 ¹ / ₂	12
Growth spurt begins:	11 ¹ / ₂	16	14
Rapid growth of penis, first ejaculation:	11 ¹ / ₂	16	14
Last to develop: gradual lowering of voice, growth of facial hair.			